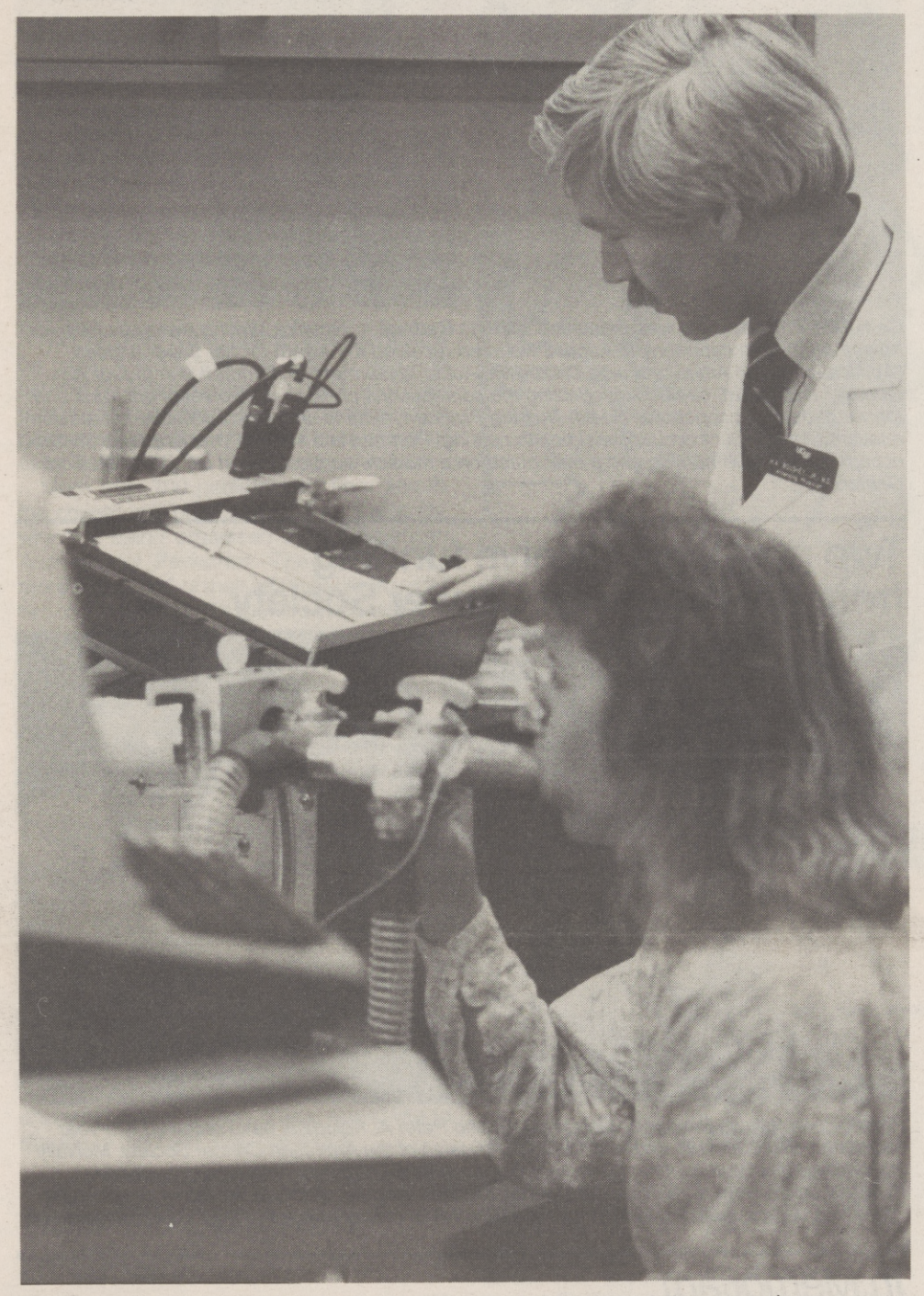
Volume 8, Number 16 September 25-October 8, 1993

UCSF Newsbreak

UCSF to open new asthma research center



Homer Boushey tests a patient for chronic asthma using the body plethysmograph.

More people are suffering from asthma than ever before. Statistics from almost every western country show that over the past 20 years there have been unprecedented jumps in the number of physician visits, hospitalizations and deaths from asthma.

The deaths are particularly alarming — at a rate of 5,000 per year now, when just a few years ago that number was less than 1,800. In this country, asthma has become the number one chronic disabling illness in children.

Are present treatments effective? What more can be done to help the 15 million sufferers in this country alone?

Help may soon be on the way thanks to the opening of a new asthma research center on campus. Made possible by a grant from the National Heart Lung & Blood Institute, the center is headed by Homer Boushey, professor of medicine and a member of the Cardiovascular Research Institute.

"We have more severe cases of asthma now, more deaths than ever from the disease, particularly in young people. Some of the treatments that have been used are not as effective as they should be. In fact, they may be doing more harm than good."

Boushey explains that recent research suggests that the most common asthma medications, those given by aerosol (called inhaled beta-agonists), provide symptomatic relief by quickly reducing bronchial restriction, and are life-saving in an acute attack, but may indeed be harmful with extended, excessive use over long periods of time. "And they don't get to the fundamental pathophysiologic processes which cause the attack in the first place," Boushey says.

The new center, which is a collaborative effort with four other institutions — Temple University in Philadelphia, Harvard in Boston, University of Wisconsin in Madison and National Jewish Hospital in Denver — will test these beta-agonists as well as inhaled corticosteroids (a more effective therapy when taken over the long term, but one that has possible side effects) against newer anti-inflammatory drugs which are being developed through recent advances in cellular and molecular biology.

The newer drugs include antagonists which use leukotriene — a pro-inflammatory chemi-

(continued on page 2)

Page 3 ... Medicine in the context of Shakespeare's works

Dentistry's Dean Greene to retire

After more than a decade with UCSF, John C. Greene, dean of the School of Dentistry, will retire as of July 1, 1994. A prolific researcher in the fields of oral epidemiology, oral hygiene, periodontal disease, and birth defects, as well as on issues surrounding public dental health services, Greene over the years has been considered one of the top dental deans of the country.

When Greene was appointed dean in 1981, he was serving as deputy surgeon general in Washington, DC. At that time, the UCSF School of Dentistry was at a critical point in its history. While it had a modern, new clinical facility, a reputation for clinical excellence and a nationally recognized continuing dental education program, it was not organized into functioning departments and was weak in research. Today, the School has five strong departments and currently is ranked first in the nation in terms of both number and dollar amount of NIH-funded research grants.

A professor in the Department of Dental Public Health & Hygiene, Greene was instrumental in initiating a research project five years ago to evaluate the health effects of smokeless tobacco use among professional baseball players, who are well-known users of snuff and chewing tobacco. In a survey of some 1,100 players, the UCSF study found the prevalence of high-risk precancerous lesions in the mouth was nearly 50 percent among regular users of smokeless tobacco products. For years, Greene has been active in the campaign to alert the public, especially young people, about the health risks of tobacco products.

Greene most recently surprised the dental community as well as the general public with his address before participants at the first Congress of Health Professions Educators meeting this summer. He warned that this

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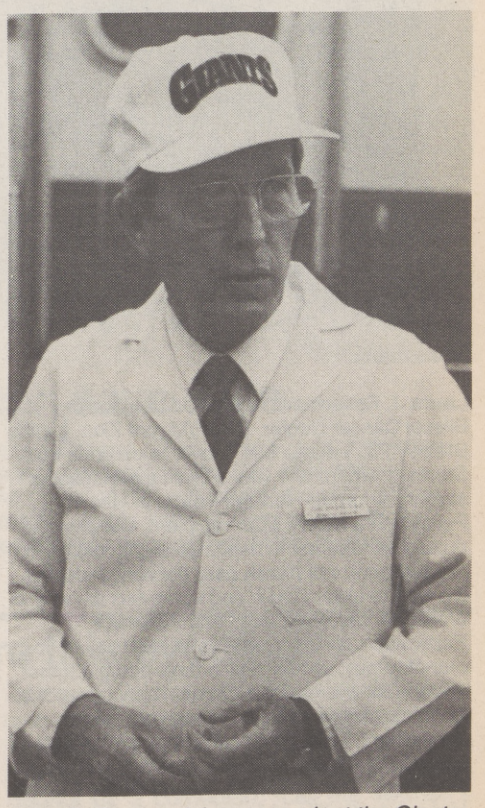


John C. Greene doing research at the Giants training camp

School of Pharmacy hosts Pharmacy Weeks' activities

When you need an expert on medications, pharmacists are the best and most accessible. That is the take-home message behind National Pharmacy Week and California Pharmacy Week events to be held two consecutive weeks from October 18 to 29.

During those two weeks, UCSF pharmacy students and faculty will be hosting a large opening celebration, an information day for prospective students, and a "Kids' Day," all in Millberry Union.

The UCSF School of Pharmacy is the nation's most highly rated training program for future pharmacists, according to a survey by *US News and World Report*.

The opening ceremony will be on Monday, October 18, from noon to 2 p.m. It will feature talks, a carnival-style lunch, old-style soda pop from a real soda fountain, and demonstrations of turn-of-the-century pharmacy practices — complete with antique gadgetry and costumed pharmacists.

This demonstration of the way things used to be will highlight how the role of the pharmacist has changed dramatically since the early part of the century, says Robert Day, associate dean of the School.

Those interested in pharmacy careers are invited to Pharmacy School Information Day on Wednesday, October 20. Students will be exposed to the many different types of pharmacy practices, including hospital pharmacy, managed care, chain drug stores and independent pharmacies.

"Kids' Day" will be held on Friday, October 22, beginning at 11 a.m. Children throughout the various communities have been invited to attend these two hours of fun with presentations, a soda fountain, snacks and people in costumes.

Host organizations are the Academy of Students of Pharmacy and the Associated Students of the School of Pharmacy at UCSF.

For more information, contact the School of Pharmacy Office of Student Affairs, 476-2732.

Oct. 5 teleconference to feature First Lady Hillary Clinton

First Lady Hillary Rodham Clinton will be the special guest of a women's health teleconference sponsored by *Self* magazine on Tuesday, October 5. UCSF is one of eight institutions across the country asked by the magazine to participate in the conference. Other universities to participate include UCLA, Columbia and Washington University in St. Louis.

The conference will be televised live from the National Press Club in Washington, DC, from 11 a.m. to noon on the West Coast on C-Span, and will be broadcast to each Red Cross Service Center nationwide. UCSF's TV link will be at the Laurel Heights Conference Center auditorium.

The telecast will be hosted by Alexandra Penny, editor and chief of *Self* magazine, and will include a 10-minute review on the new Clinton health plan proposal with particular emphasis on women's issues. (Penny will summarize the discussion after 45 minutes of questions and answers from the eight selected sites.)

"We also plan to tape the telecast and show it in the near future to the campus community during a noon hour in Cole Hall," says Janet Norton, assistant director of Public Affairs, who is UCSF's on-site coordinator for the telecast.

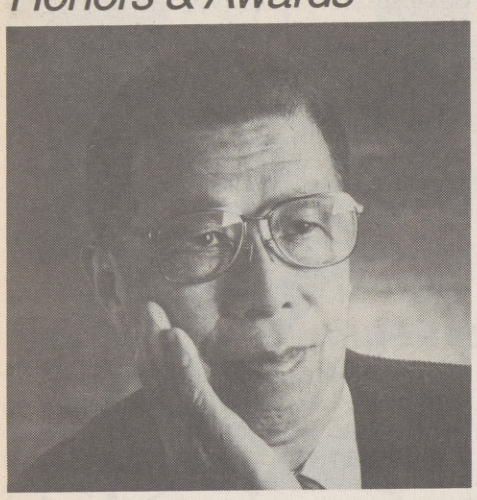
Seating at Laurel Heights for the telecast is on a first-come, first-served basis. The auditorium has 290 seats, 50 of which already have been reserved by *Self* magazine. To reserve your space, call Lucie Faulknor at 476-8333.

Campus plans "Weekend of Caring"

UCSF now is in the midst of planning another "Weekend of Caring," a creative way to support and promote participation in the United Way Campaign. During the designated weekend, members of the campus volunteer to work on short-term projects at a number of non-profit agencies in several Bay Area counties. This will complement UCSF's United Way fundraising efforts just as it did last year. See the next issue of *Newsbreak* for details.

Gazette

Honors & Awards



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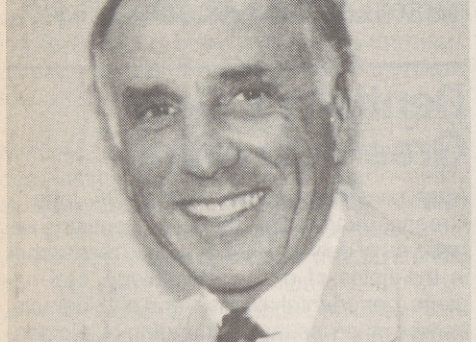


Charles A. Gooding

Sutton

Gretchen A.W. Gooding

Sui Tsung Lee: Received the 1993 Distinguished Service Award from UCSF/Mount Zion for his 24 years of dedicated service on the active attending medical staff. Lee is attending physician, anesthesiology, UCSF/Mount Zion.

Charles A. Gooding & **Gretchen A.W. Gooding:** Named honorary members, Hungarian Radiological Society. They also were visiting professors at the University of Damascus, Syria, in early September. Charles Gooding is professor & executive vice chair, radiology; Gretchen Gooding is professor & vice chair, radiology; chief, radiology, VAMC.

Keith E. Mostov: Received the American Heart Association Established Investigatorship Award for $265,000 to support his research in the three-dimensional organization of polarized epithelial cells. He also received the Mallinckrodt Scholar Award for $165,000 from the Edward Mallinckrodt Foundation. Mostov is associate professor, anatomy, biochemistry & biophysics.

Richard E. Sutton: Received a Pfizer Postdoctoral Fellowship from the US Pharmaceuticals Group of Pfizer, Inc. The award provides research support to promising physicians. Sutton will study the biology of retroviruses, and plans to clone the cellular receptor for the human T-cell leukemia/lymphoma virus-1 (HTLV-1). Sutton is a postdoctoral fellow, microbiology & immunology.

Gaylene Becker: Chosen a member, Human Development & Aging Study Section (Subcommittee 2), Division of Research Grants, National Institutes of Health (NIH). Becker is associate research anthropologist, Institute for Health & Aging; associate professor, medical anthropology and social & behavioral sciences.

Warner C. Greene: Spoke before the Congressional Biomedical Research Caucus, which was hearing presentations on preventing AIDS. His talk was entitled "HIV Vaccines: Where We Are & Where We Need to Go." Greene is professor, medicine, microbiology & immunology; director, Gladstone Institute of Virology & Immunology.

Appointments

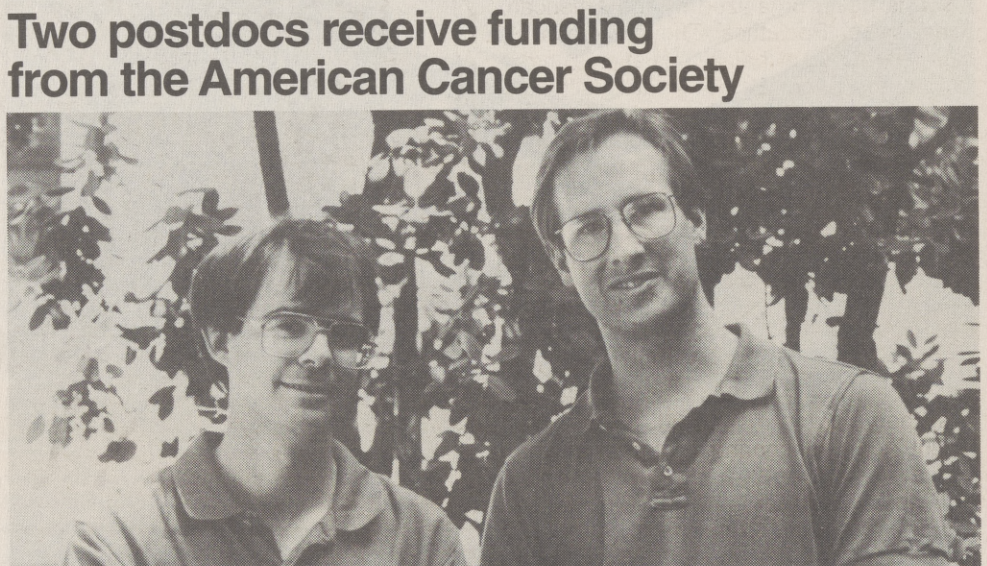
Esserman

Laura J. Esserman: Appointed co-director, Breast Cancer Center, UCSF/Mount Zion, joining Stanley P.L. Leong. She comes to campus from Stanford, where she was a clinical professor of surgery. A former Hartford Fellow in Health Policy and a recent MBA recipient, she plans to pursue her interest in health policy, focusing on the economics of health care delivery, reducing the cost of breast care, and improving delivery of breast cancer screenings and treatment. Esserman's clinical research interest lies in immunotherapy, specifically in developing a tumor vaccine for pre-malignant breast cancer lesions. She has served as a trauma surgeon at the Santa Clara Valley Medical Center and a staff surgeon at the Palo Alto VA. She is an affiliate member of the Institute for Health Policy Studies. Her academic title of assistant professor, surgery, is pending before the Academic Senate.

Portman wins Resnick Writing Award

Catherine Portman (left) was presented with the Barbara A. Resnick Writing Award by Resnick herself (right) at a ceremony in August. Portman received the award for her paper entitled "Application of the Americans with Disabilities Act to Impairment of Asthmatics in Indoor Air Quality." The award, besides recognizing the contributions of Resnick, professor emeritus and former director, Occupational Health Nursing Program, aims to stimulate publication of articles relevant to the field of occupational health nursing. Portman is a second-year graduate student, occupational health nursing and a staff nurse on a medical-surgical unit at UC Davis Medical Center.

Two postdocs receive funding from the American Cancer Society



Postdoctoral fellows Francis J. McNally (left) and Peter A. Kolodziej have received two-year awards for $58,000 each from the California division of the American Cancer Society. McNally is working with pharmacologist Ronald Valex on katanin, a microtubule-severing protein. Kolodziej, a member of the Howard Hughes Medical Institute, works in the lab of physiologist Yuh-Nung Jan on mutations affecting the formation of sensory axons in the Drosophila embryo.

In Memoriam

Leon McKusick: Associate researcher, medicine and Center for AIDS Prevention Studies (CAPS). He conducted the first study of AIDS risk behavior among gay men, using his own money to pay for the work. After publishing his findings, he came to UC to continue studying AIDS risk behavior, beginning a project funded by the National Institute of Mental Health that continues today. McKusick's research not only helped set the course of public policy and HIV education and prevention in this country, but attracted the attention of researchers from many disciplines, who came together to form what is now CAPS. His interests and leadership also fostered a multitude of smaller projects within CAPS. An expert on AIDS and the psychological issues surrounding it, McKusick published a book in 1988, *What to Do About AIDS,* which set forth the protocols for treatment of HIV issues in counseling. He also was the editor of *HIV Frontline* from 1989 to 1993. He was 43. Memorial donations may be made to the AIDS charity of the donor's choice.

Asthma *(from page 1)*

cal released by white blood cells — as well as drugs that inhibit the action of cytokines — chemicals released by lymphocytes that initiate inflammation; and neuropeptides — chemicals released from nerves that also cause inflammation.

Why are there more cases of asthma now? "One immediately assumes that this country's air quality has deteriorated," says Boushey. "That's not true. Since the Clean Air Act, outdoor air quality actually has improved over the same time that asthma cases have increased. We really don't know why asthma has taken off, but one possibility is that our dwellings, offices, etc. are better insulated now so that little outside air circulates into the buildings. Any allergens or other irritants in the indoor environment get trapped, resulting in poor air quality."

In the US, the top three household allergens for allergic asthma are cat dander, dust mites and cockroaches. "In some areas of the country, including San Francisco, you should add mold to the offending allergens. Another strong co-factor is a family member smoking in the house," adds Boushey.

Boushey explains that the new research center will complement UCSF's existing clinical programs for asthma sufferers, including the work of the Asthma Clinic, which Boushey heads with pulmonary specialist Steve Lazarus, allergy and immunology specialist Dan Adelman, occupational medicine specialist Paul Blanc, and Susan Janson-Bjerklie, a professor in the School of Nursing. "Together we have the skill for assessing and treating all forms of asthma. We also have support groups as well as a series of courses for chronic sufferers."

"What makes the economic costs of asthma — about $6.5 billion per year in the US alone — and the incalculable cost in suffering so hard to accept is that what we know about the disease suggests that it should respond well to therapy. Most of the emergency department visits, hospitalizations and deaths *are* preventable."

The asthma research center will need volunteers. If you have asthma and would like to learn more about what is involved, call 476-8494. For further information on asthma support groups and courses, call 476-8019.

UCSF *Newsbreak*

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Deadline for the next issue, which will cover October 9-22, will be on Tuesday, **September 28, at 11 a.m.** Please send campus news copy to Allen Balderson (476-3163), Medical Center news to Dawn Finch (476-3256), and calendar and gazette items to Michele Firpo (476-3257), all at Box 0462; fax 476-3541. Last-minute copy may be taken over the telephone by calling the above telephone numbers. The University of California is an affirmative action/equal opportunity employer.

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How to handle an infant with fever

Physicians all over the country soon will learn how to more effectively diagnose and treat infants with fever thanks to a new study led by UCSF pediatrician Robert Pantell.

Infants run fevers frequently. How can a physician be sure that the fever, particularly if it is the only symptom, is not a sign of serious infection or a dangerous illness such as meningitis?

Currently, the way physicians are diagnosing and treating these infants varies widely. Some use extensive diagnostic tests, including blood studies, chest X-rays and cerebrospinal fluid analysis before treatment. Others will hospitalize all of these infants and treat them with antibiotics presumptively, even if no serious illness is immediately detected. Many others rely on their own clinical judgment to selectively hospitalize and treat only those infants they think have a serious illness.

"Very few fevers in young infants are caused by serious disease," says Pantell, project director of the four-year, $2 million study funded by the Agency for Health Care Policy & Research. "In some cases, aggressive treatment, including hospitalization and the use of antibiotics, may be unnecessary, costly and might even result in harm to the young patient.

"On the other hand, prompt treatment must be given if the infant has a fever which is caused by a grave condition, such as a bacterial sepsis or meningitis, that could result in permanent physical or mental impairment or even death."

More than 700 pediatricians from across the country will participate in the new study, which is being organized by the American Academy of Pediatrics. They will monitor more than 6,000 of their infant patients under two months of age. "By looking at the different types of clinical care received by these infants and their outcomes, we hope to come up with a more effective strategy for diagnosis and treatment," Pantell says.

$100,000 fund honors Krevans

Thanks to a generous contribution from the Mount Zion Health Systems Board of Directors, there now is a $100,000 fund at the Mount Zion site honoring Julius R. Krevans, upon his retirement as chancellor and for his initiatives to integrate UCSF with Mount Zion. According to Ann Lazarus, chief executive officer of Mount Zion Health Systems, the fund is set up so that the UCSF Chancellor may use five percent of the fund any way he chooses at Mount Zion. If you would like to donate to the fund, call 750-4123.

New TB program at SFGH

The first privately funded program in the US in recent years to support demonstration projects on tuberculosis control and prevention has been announced by the Robert Wood Johnson Foundation. The program will provide approximately $5.5 million over a three-year period for up to five projects across the country. The awards will be made to projects submitting the best proposals to improve partnerships between local public health agencies and organizations not affiliated with health departments to fight the spread of TB.

The program, called "Old Disease, New Challenge: Tuberculosis in the 1990s," will be administered by the National Program Office which will be directed by Philip C. Hopewell, UCSF professor of medicine at SFGH.

TB, which was believed to be under control in the US, has had a resurgence in recent years, Hopewell says. In 1992, 26,673 new cases of TB were reported. Between 1985 and 1992, the number of new TB cases increased 20 percent in this country, a reversal of an earlier 30-year downward trend of five percent a year. Even more alarming, strains of TB that are resistant to the drugs used to treat the disease have been on the increase. A recent survey reported that during the first three months of 1991, 14.4 percent of TB cases were resistant to at least one of the commonly used drugs.

The Robert Wood Johnson Foundation is funding the demonstration projects with the goal of developing programs to "augment and assist public health systems in providing comprehensive TB activities." Public and private health organizations are eligible to apply under this program. Applicants are encouraged to collaborate with academic health centers, universities, community hospitals and health centers, private voluntary organizations and health care providers serving higher risk patients.

For more information about "Old Disease, New Challenge," call the National Program Office at 476-9601.

Greene *(from page 1)*

country is facing a shortage of dentists. "If current trends continue, the ratio of dentists to the general population will decline to the level that existed at the end of World War I," he cautioned.

Past president of the International Association for Dental Research and the American Association for Dental Research, Greene is a member of the Institute of Medicine of the National Academy of Sciences.

A campus-wide reception honoring Greene will be held in early 1994. See future issues of *Newsbreak* for details.

"Shakespeare & Medicine" conference Oct. 8-10

What does King Lear mean when he exclaims, "Hysterica passio ... down, thou climbing sorrow?" To what psychological depth did Hamlet fall during his deepest melancholy? Do you believe that the world of *As You Like It* is diseased ... mentally unbalanced?

If you are a reader of Shakespeare's more serious plays, you know that medicine is a theme running through most of them, as the author uses the images of health and disease to convey the politics of his time.

To look more closely at this concept and better understand the various Renaissance views of *materia medica*, the UC Shakespeare Forum and the UCSF History of the Health Sciences Department are co-sponsoring a conference, Friday to Sunday, October 8 to 10.

It all begins on Friday evening with a dinner at UC Berkeley, followed by the California Shakespeare Festival production of *Hamlet* directed by Michael Addison. The play will be performed in the California Shakespeare Festival's new theater in Orinda.

Saturday's conference will be held at UCSF in the Millberry Conference Center beginning at 9 a.m. David Hoeniger, professor emeritus of English at Victoria College, University of Toronto, and founding director of the Centre for Reformation & Renaissance Studies, will present the keynote lecture "What Can Shakespeareans Learn from Renaissance Medicine?" Hoeniger also is the author of the book *Medicine & Shakespeare in the English Renaissance*.

Hoeniger's discussion will be followed by presentations by UC Shakespeare Forum members, as well as director Michael Addison on "Producing *Hamlet*," David Bevington from the University of Chicago on "More Needs She the Divine than the Physician: The Limitations of Medicine in Shakespeare's Last Plays," and Greg Bentley from Mississippi State University on "*As You Like It* and the Poetics of Medicine."

As an added treat, conference participants will be invited to the Saturday evening performance of ACT's production of *Pygmalion*. The conference ends with brunch on Sunday with *Pygmalion* director Richard Seyd.

"There were many important issues — medical and health — that were confronted during the Shakespearean age," explains Hugh Richmond, professor of English at UC Berkeley, who directs the Shakespeare Forum. "There often are many doctors in Shakespeare's plays. He talks about psychiatry, psychology, all kinds of neuroses, melancholy ... all of which were attributed to the humors being out of sort. Shakespeare constructs characters with specific psychological types on the basis of early psychiatry."

"Shakespeare's metaphorical use of humors," adds Guenter Risse, chair of the History of Health Sciences, "had its counterpart in the reality of successive plague epidemics which afflicted London in the early 17th century. Plague not only led to strict quarantine measures, but provided the London authorities with sufficient excuses to close theaters and stigmatize the poor who attended Shakespeare's plays."

Richmond says that the UC Shakespeare Forum has been producing these conferences for quite a few years now at all of the UC campuses. This will be the first one at UCSF.

The conference is open and free to any member of the UC family. Registration is limited to 100 participants. For further information call the History of the Health Sciences at 476-2776.

Buy a Community Book to support the Women's Center

Hundreds of coupons for discounted dinners, tickets to sporting events, ACT performances, dental care, vet visits, even auto repairs are available in The Community Gift Certificate Book. This year, the UCSF Women's Resource Center is helping to sell the books. A portion of the money for each booklet sold by the WRC will help it support the programs, events and services it offers. The holidays aren't too far away to think of these coupon books as gifts (or pretty cool stocking stuffers). The book costs $30 and has literally $5,000 worth of coupons. For further information call 476-5836.

800 more people now can save a life

Thanks to UCSF's Center for Prehospital Research & Training (CPRT), the Giants, the American Red Cross and others, there now are hundreds more people in the Bay Area who are capable of saving a life by administering CPR. The crowd of 800 was part of the sixth annual "Save-a-Life" Saturday on September 11 before the SF Giants game at Candlestick. Above, Tamah Donaldson (left) of the CPRT demonstrates the life-saving skill to a San Francisco youngster.

"A funny thing happened to me on my way here this evening"

We all need a good laugh now and again. And if it's precipitated by a performer who knows how to really make your sides split, then all the better. UCSF's Women Welcome Women and Men with Comedy Night will be held this year on Wednesday, October 13, from 7 to 9 p.m. in the Millberry Gym.

Join top Bay Area comedians Karen Ripley, Tom Ammiano and Susie Burger for what is bound to be an hilarious evening.

For a new twist this year, the evening also will feature an open mike comedy competition showcasing a slate of unknowns — female and male — vying for your attention and approval. So, if you think you're funny (without relying on racist, sexist, agist, ablist or homophobic putdowns), and a lot of your friends have been saying, "Ha, ha, ha, you oughta be a comedian," call the Women's Resource Center at 476-5836 and someone there will sign you up.

Today/Tomorrow

25 Saturday

COFFEE & CONVERSATION

A series of discussions for Catholics with questions about apathy, divorce, birth control, guilt, gay & lesbian concerns, etc. Free expression is encouraged. Co-sponsored by the Landberg Cntr. for Hlth. & Ministry. Old St. Mary's, 614 Grant Ave. (at California). Call 986-4388.*

- Sat., Sept. 25: 10 a.m.-noon.
- Tues., Sept. 28: 7-9 p.m.
- Sat., Oct. 30: 10 a.m.-noon.
- Thurs., Nov. 4: 7-9 p.m.

27 Monday

BREAST CANCER SCREENING SCHEDULE

Women can have low-cost mammograms — X-rays to screen for breast cancer — from a mobile van that travels to convenient locations in the Bay Area.

Women need the approval of their physician to have the mammogram, in addition to their doctor's full name, address (including room number & zip) and phone number to assure that results are mailed promptly. The procedure takes approximately 20 minutes and costs $60. To make an appointment call 476-2193 between 9 a.m. & 3 p.m.

Because the service has become so popular and appointments are filled by the time this calendar is published, we list only dates when the van will be at UCSF locations and when appointments are still available:

- Thurs., Nov. 11: UCSF/Daly City, 333 Gellert Blvd.
- Fri., Nov. 12: UCSF/Parnassus at Medical Center Way.

A mammogram also is available at the Mount Zion radiology department for $60. Call 885-7465.

MILLBERRY REGISTRATION

Sign-ups for Millberry classes begin today for fall fitness and special interest classes. Special new rate for UCSF employees. Millberry Fitness Desk. 7 a.m.-9 p.m. Call 476-1115 for more information.*

- Mon., Sept. 27: Students & Millberry members.
- Tues., Sept. 28: UCSF employees & general public.

CRI/HEMATOLOGY-ONCOLOGY FELLOWS DIDACTIC COURSE. M 1296. 7:45-8:30 a.m.

OTOLARYNGOLOGY BASIC SCIENCE COURSE: *Central Auditory Processing of Complex Signals.* Christoph E. Schreiner, Oto., & Michael M. Merzenich, Oto., Physio. & Keck Ctnr. S 664. 8-10 a.m.

FREE PROSTATE SCREENING

UCSF & UCSF/Mount Zion offer free prostate cancer screenings as part of National Prostate Cancer Awareness Weeks. All men over 50 and men over 40 with a family history of prostate cancer may receive a free screening. Outpatient Clin., MZ. 9 a.m.-noon & 1-4 p.m. Call 502-0916 for details.

VAMC NEURORADIOLOGY GRAND ROUNDS. Rm. BA36, VAMC. 9:30-10:30 a.m.

MELANOMA CONFERENCE. Melanoma Clin. Conf. Rm., 4th fl., MZ Pavilion. Noon.

LABORATORY MEDICINE GRAND ROUNDS: *Cytogenic Analysis in Acute Leukemia.* Kathleen Richkind, Vivigen Corp., Santa Fe. L 535. 4-5 p.m.

URORADIOLOGY CONFERENCE. M 464. 5-6 p.m.

FREE MILLBERRY CLASS: *Capoeira.* African-Brazilian martial art. Sign-ups begin 15 minutes before class starts. Millberry Fitness Cntr. 5:30-6:45 p.m.

THE NEXT DEADLINE

Tues., September 28, 1993, is the deadline for items to be listed in the next calendar, which covers **Oct. 9-22, 1993 (two weeks).** Complete information must be received in our office in writing by 11 a.m. on that Tuesday. Mail your copy to Michele Firpo at Box 0462, call 476-3257, send a fax to 476-3541, or bring it to Suite 103, UCSF/Laurel Heights, 3333 California St.

*Open to the public.

AIM FOR WELLNESS

UCSF Health Net offers the following health promotion programs.

- Sept. 28-Nov. 23: **Step by Step Weight Management.** For physician-referred individuals with health problems related to obesity. $50 for Health Net members. Call 476-9987.
- Oct. 5-Nov. 11: **Jump Start!** Get encouragement & motivation to start exercising in this low-impact, beginning-level fitness class. 15% discount for Health Net members. Call 476-1115.
- Oct. 6-Dec. 1: **Stress Management.** Learn to manage your response to stress. Call 476-1115.
- Oct. 7-Dec. 16: **Lighten Up!** For healthy individuals needing small to moderate weight loss. $75 for Health Net members. Call 476-1115.
- Begins in October: **Shapedown Weight Management for Children & Teens.** For physician-referred families. $50 for Health Net members. Call 476-4575.
- Nov. 6: **Back Care.** Learn how to prevent injuries through stretching & strengthening exercises. Free for Health Net members. Call 476-1115.
- Fall course: **Infant Nutrition.** Two-hour class on bottlefeeding, breastfeeding diet & more. Call 476-6667 for more information.
- Fall course: **Infant & Child Emergency Care.** Two-hour class addressing first aid, accidents, burns, poisoning, falls, childproofing & safety. $10/$15 couples. Call 476-6667.

28 Tuesday

PLASTIC SURGERY GRAND ROUNDS: *D & C Conference.* Rm 200 1A-122, VAMC. 7 a.m.

MULTIDISCIPLINARY TUMOR BOARD: M 1296. 7:30 a.m. Call Mary Williams at 476-1421.

ORAL & MAXILLOFACIAL SURGERY GRAND ROUNDS: *Residents Forum.* C 701. 8 a.m.

NEW EMPLOYEE ORIENTATION: S 214. 8:30-10:30 a.m. Call 476-1073 to schedule.

SFGH PEDIATRIC GRAND ROUNDS: *Abnormalities in Puberty.* Felix Conte, Clin. Pharm. Carr Aud., SFGH. 8:30-9:30 a.m.

OB/GYN GRAND ROUNDS: *IUD Update: Clinical & Demographic Issues.* Carolyn Westhoff, Ob/Gyn, Columbia U, NY. S 1364. 9-10 a.m.

PEDIATRIC NEURORADIOLOGY CONFERENCE. N 721. 9 a.m.

SFGH MEDICINE GRAND ROUNDS. Carr Aud., SFGH. 11:30 a.m.

LIFE SPAN & AGING ISSUES IN CLINICAL PRACTICE SERIES: *Patients' Experience of Illness.* Panel of patients will speak. S 664. 12:10-1 p.m.

BIOCHEMISTRY & BIOPHYSICS SEMINAR: *Molecular Studies of Meiosis in* Drosophila. Scott Hawley, Genet., UCD. HSW 301. 4 p.m. Student lunch with speaker at noon in S 980. Sign up in S 962.

SFGH GI MEDICINE/SURGERY/RADIOLOGY IMAGING CONFERENCE. Rm. 1X58, SFGH. 4-5 p.m.

NEUROLOGY GRAND ROUNDS: *Progress in Neurodegenerative Diseases: Animal Models for Alzheimer's & ALS.* Donald Price, Neuro. & Path., Johns Hopkins, Baltimore. S 664. 5-6 p.m.

MOUNT ZION COMMUNITY MEETING

Part of a series of community meetings to discuss any issues of concern, including construction plans, related to the UCSF/Mount Zion campus. Herbst Hall, MZ. 7 p.m. Call 476-3206.*

29 Wednesday

SPINE CONFERENCE ROUNDS. C 417. 7-8:30 a.m.

SURGERY GRAND ROUNDS: *Prevention of Venous Thromboembolism: An Update.* G. Patrick Glagett, Vasc. Surg., U Texas, Dallas. Toland Hall. 7-8 a.m.

SFGH ORTHOPAEDIC SURGERY STAFF CONFERENCE. Rm. 5K8, SFGH. 7:30-9 a.m.

HEMATOLOGY CLINICAL CONFERENCE. M 1296. 7:30-8:30 a.m.

GASTROENTEROLOGY FELLOWS SUMMER COURSE: *Acute Pancreatitis: Diagnosis & Treatment.* James H. Grendell, GI, VAMC. S 214. 8-9 a.m.

RENAL GRAND ROUNDS. L 1361. 8-9 a.m.

ENDOCRINE GRAND ROUNDS: *Hypoglycemia Unawareness.* Dolores Schoback, Med. & Endo, VAMC. LPPI Aud. 8:30 a.m.

GASTROENTEROLOGY GRAND ROUNDS: *GI Endocrine Surgery.* Haile T. Debas, Surg. S 214. 9-10 a.m.

BROWN BAG LECTURE SERIES: *Change: Opportunity for Growth.* David Ciancutti, The Learning Center, helps you find creative ways to deal with change and its impact on your daily life. Sponsored by Campus Tours/Speakers Bureau. HSW 300. Noon. Call 476-4394.*

PSYCHIATRY GRAND ROUNDS: *Axis I-Axis II Co-Morbidity.* John M. Oldham, Psychr., Columbia & NY State Psychiatric Inst. LPPI Aud. 1-2 p.m.

HEAD & NECK TUMOR CONFERENCE. Melanoma Clin. Conf. Rm., 4th fl., MZ Pavilion. 1:30 p.m.

TRANSFUSION RESEARCH FORUM SEMINAR: *The Significance of Cytochrome P450 Enzymes in Hepatitis & Other Liver Diseases.* F. Peter Guengerich, Mol. Tox., Vanderbilt U, Nashville. L 535. 4-5 p.m.*

ONCOLOGY CLINICAL CONFERENCE. M 1296. 4 p.m.

TRANSFUSION MEDICINE CORE CURRICULUM LECTURE: *HLA Typing & Paternity Testing.* Herbert Perkins, CRI. L 535. 4-5 p.m.

CHILD NEUROLOGY CONFERENCE. M 666. 4:30 p.m.

PATHOLOGY GRAND ROUNDS: *Cytogenetics of Pigmented Skin Lesions.* Curtis Thompson, Path. & Lab. Med. HSW 508. 5-6:30 p.m.

MOUNT ZION VOLUNTEER ORIENTATION: Program to acquaint prospective volunteers with opportunities available in the UCSF/Mount Zion Medical Cntr. Herbst Hall, MZ. 5-7:30 p.m. Call 885-7353.*

COMMUNITY WORKSHOPS

UCSF holds three workshops to inform Alameda, South San Francisco, Daly City and other peninsula community members about UCSF's Long Range Development Plan (LRDP). 7 p.m. Call 476-3206 for details.*

- Wed., Sept. 29: Edison Elementary School, 2700 Buena Vista Ave., Alameda.
- Wed., Sept. 29: Municipal Service Bldg., 33 Arroyo Dr., South San Francisco.
- Tues., Oct. 5: Teglia Community Cntr., 285 Abbot Ave., Daly City.

30 Thursday

ORTHOPAEDIC SURGERY STAFF CONFERENCE. HSW 303. 7-8 a.m.

MEDICINE GRAND ROUNDS: *Pseudohyperaldosteronism.* David G. Warnock, Neph., U Alabama, Birmingham. Toland Hall. 8-9 a.m.

PEDIATRICS GRAND ROUNDS: *Gene Therapy: A New Approach to Treatment of Immunodeficiency Disorders.* Donald Kohn, Ped., Imm. & Bone Marrow Transpl., LA Children's Hosp. S 664. 8-9 a.m.

SFGH NEUROLOGY/NEUROSURGERY CONFERENCE. Rm. 4H2, SFGH. 8-9 a.m.

NUCLEAR MEDICINE GRAND ROUNDS. LPPI Aud. 8:30 a.m.

OPHTHALMOLOGY GRAND ROUNDS: *Is the American Academy of Ophthalmology Still a Leader in the Era of Managed Care?* H. Dunbar Hoskins, Oph. S 214. 8:30-10 a.m.

SFGH TRAUMA CENTER CONFERENCE. Rm. 4H2, SFGH. 9-10 a.m.

NEUROLOGY/NEURORADIOLOGY CONFERENCE. N 729. 10-11 a.m.

PEDIATRIC TUMOR CONFERENCE. L 34. 11 a.m.-12:15 p.m.

GAY, LESBIAN, BISEXUAL ASSOCIATION MEETINGS: Topics of discussion at two sessions include status of Systemwide UCLGBA recommendations to the UC & UCSF administrations; UCSB symposium on lesbian, gay & bisexual issues; update on lesbian, gay & bisexual issues on campus. N 729. Noon-1 p.m. & 6-7 p.m. Call 282-9650.*

WOMEN'S RESOURCE CENTER PRESENTATION: *Our Choices: Women's Personal Decisions About Abortion.* Sumi Hoshiko, author & Assn. for Women's AIDS Research & Educ. Toland Hall. Noon-1 p.m. Call 476-5222.*

MEDICINE/SURGERY ADULT CARDIAC CATHETERIZATION CONFERENCE. L 1361. 4-6 p.m.

NEURORADIOLOGY GRAND ROUNDS. HSW 303. 4 p.m.

NEUROSCIENCE SEMINAR: *Elementary Mechanisms of Synaptic Plasticity in the Visual Cortex.* Mark Bear, Neurosci., Brown. HSW 300. 4 p.m.

PRIMARY CARE GRAND ROUNDS: *Update on Treatment of BPH.* Iris Cheng, Gen. Int. Med. A 455. 4:30 p.m.

NEUROSURGERY GRAND ROUNDS. HSW 302. 5-6:30 p.m.

1 Friday

CRI HEMATOLOGY/ONCOLOGY JOURNAL CLUB. M 1296. 7:30-8:45 a.m.

MOUNT ZION MEDICINE GRAND ROUNDS. Herbst Hall, MZ. 8:30-9:30 a.m.

PHARMACEUTICAL CHEMISTRY 221 SEMINAR: *Applications of Cell Culture Techniques to Drug Metabolism & Transport.* Ronald T. Borchardt, Pharm. Chem., U Kansas, Lawerence. S 1364. 11 a.m.

PLAZA PULSE

Arts & Performance sponsors this noontime concert featuring BIG BONES, solo blues guitarist. Plaza Grill. Noon. Call 476-2542.*

INSTITUTE OF HEALING ARTS & SCIENCES LECTURE: *How to Drive Your Own Bus.* Gary Craig, master practitioner of neurolinguistic programming, introduces techniques to achieve your personal goals. S 1364. Noon-1 p.m. Call 584-4416. Followed by a workshop on Sat., Oct. 9, in N 517 from 9 a.m.-5 p.m.*

SFGH PROGRAM IN CELLULAR & MOLECULAR MEDICINE SEMINAR. Rm. 3208, 2nd fl., Bldg. 30, SFGH. Noon.

POETRY ON PARNASSUS

Arts & Performance sponsors this poetry reading featuring "Dr. Poets" with David Watts, Med., & guest poets. Toland Hall. 4 p.m. Call 476-2542.*

2 Saturday

GURLEY ALUMNI DAY

Morning & afternoon lecture series on the most recent advances & changes in the field of dentistry. Lunch & recption included. John. E. Gurley Alumni Day is sponsored by the UCSF Dental Alumni Assn. Millberry Conf. Cntr. 8 a.m-4:30 p.m. Call 476-9158 for details.

LOW VISION FORUM: Bill Gerrey, Smith Kettlewell Eye Research Inst., demonstrates devices designed to make life easier for the blind and visually impaired. Forums are held on the first Saturday of each month. Main foyer, ACC. 11 a.m.-1 p.m. Call Frances Neer at 626-5313 for information.*

4 Monday

CRI/HEMATOLOGY-ONCOLOGY FELLOWS DIDACTIC COURSE. M 1296. 7:45-8:30 a.m.

VAMC NEURORADIOLOGY GRAND ROUNDS. Rm. BA36, VAMC. 9:30-10:30 a.m.

Sept. 25-Oct. 8, 1993

FACULTY/STAFF ART SHOW OCT. 4 & 5

The Fifth Annual Faculty/Staff Art Show highlights the artistic talents of UCSF faculty and staff members. Sponsored by Arts & Performances. Millberry Conf. Cntr. 10 a.m.-6 p.m. Opening reception on Mon., Oct. 4, at 4 p.m.

VAMC NEUROPATHOLOGY GRAND ROUNDS. Rm. 2A47, VAMC. 10:30-11:15 a.m.

MELANOMA CONFERENCE. Melanoma Clin. Conf. Rm., 4th fl., MZ Pavilion. Noon.

WEIGHT MANAGEMENT PROGRAMS INFORMATIONAL MEETING: Review of weight management program options available at UCSF. A 455. 12:15-1 p.m. Call 476-9987.*

TRANSFUSION MEDICINE LECTURE

Platelet Transfusion: How & When? Ernest Beutler, Mol. & Experimental Med., Scripps Res. Inst., La Jolla. Sixth Annual Transfusion Medicine Lecturer sponsored by Lab. Med. HSW 300. 4 p.m. Reception to follow. Call 476-2750 for more information.

UROradiology CONFERENCE. M 464. 5-6 p.m.

5 Tuesday

PLASTIC SURGERY GRAND ROUNDS: *Problem Cases.* Toland Hall. 7 a.m.

MULTIDISCIPLINARY TUMOR BOARD: M 1296. 7:30 a.m. Call Mary Williams at 476-1421.

ORAL & MAXILLOFACIAL/ORTHODONTIC & ORTHOGNATHIC SURGERY CONFERENCE: *Orthodontic Assessment & Preparation for Orthognathic Surgery: Clinical Diagnosis & Timing of Treatment.* S. Quo & Majid Tavakkoli, G & D. C 701. 8 a.m.

SFGH PEDIATRIC GRAND ROUNDS. Carr Aud., SFGH. 8:30-9:30 a.m.

OB/GYN GRAND ROUNDS: *Gyn Care of HIV-Infected Women.* Abner P. Korn, Ob/Gyn, SFGH. S 1364. 9-10 a.m.

PEDIATRIC NEURORADIOLOGY CONFERENCE. N 721. 9 a.m.

PROFESSIONAL RESEARCH ORGANIZATION FOR STAFF LUNCHTIME SEMINAR: *PCR Optimization.* Mitchell Kennedy, Perkin-Elmer Corp. Free for PROS members, $2 donation non-members. Toland Hall. Noon-1:30 p.m. Call Elisabeth Zurlinden at 476-5111.

TELECONFERENCE ON WOMEN'S HEALTH

Hillary Rodham Clinton is the special guest during this teleconference on women's health issues sponsored by *Self* magazine. Laurel Heights Conf. Cntr. 11 a.m.-noon. Call 476-8333 to reserve a seat. (See story on page 1 for details.)

SFGH MEDICINE GRAND ROUNDS: Carr Aud., SFGH. 11:30 a.m.

LIFE SPAN & AGING ISSUES IN CLINICAL PRACTICE SERIES: *Who Is the Patient? Family & Life Span Issues.* Marilyn Williams, Physio. Nurs., plus guest speaker whose mother is cognitively impaired. S 664. 12:10-1 p.m.

SFGH GI MEDICINE/SURGERY/RADIOLOGY IMAGING CONFERENCE. Rm. 1X58, SFGH. 4-5 p.m.

NEUROLOGY GRAND ROUNDS: *Neurological Complications of Cancer Therapy.* Stephen Sagar, Neuro. S 664. 5-6 p.m.

TOXIC SUBSTANCES SEMINAR SERIES: *Pesticides & Kids — An Update on the NAS Report.* Richard Jackson, CA Dept. Hlth. Serv. 22 Warren Hall, UCB. 5-7 p.m.

SEXUAL ASSAULT PREVENTION FOR ALL

Sexual Assault Awareness & Prevention for Women & Men. Free lecture & discussion. Co-sponsored by Rape Prev. Educ. Prog. & UCSF Health Net in recognition of California Sexual Violence Awareness Week. A 455. 6-7:30 p.m. Call 476-0373 to pre-register.*

6 Wednesday

SPINE CONFERENCE ROUNDS. C 417. 7-8 a.m.

SURGERY GRAND ROUNDS. Toland Hall. 7-8 p.m.

SFGH ORTHOPAEDIC SURGERY STAFF CONFERENCE. Rm. 5K8, SFGH. 7:30-9 a.m.

HEMATOLOGY CLINICAL CONFERENCE. M 1296. 7:30-8:30 a.m.

GASTROENTEROLOGY FELLOWS SUMMER COURSE: *Non-Operative Management of Biliary Tract Disease.* James W. Ostroff, GI Endoscopy & Consult Serv. S 214. 8-9 a.m.

RENAL GRAND ROUNDS. L 1361. 8-9 a.m.

ENDOCRINE GRAND ROUNDS: *Multiple Endocrine Neoplasias.* Robert Gagel, Med. & Endo., U Texas. LPPI Aud. 8:30 a.m.

GASTROENTEROLOGY GRAND ROUNDS: *Clinical Case Conference.* S 214. 9-10 a.m.

CHILDREN'S ART SHOW

First Children's Art Show features the artistic talents of the children of UCSF faculty, staff & students. Followed by ice cream reception for artists and their families. Sponsored by Arts & Performances. Millberry Conf. Cntr. 10 a.m.-6 p.m.*

BROWN BAG LECTURE SERIES: *Dealing With Anxiety & Depression.* Thomas Louis, Psychr., discusses how to identify problems, cope and seek help. HSW 300. Noon. Call 476-4394.*

HISTORY OF HEALTH SCIENCES SPECIAL SEMINAR: *Female Physicians in Nazi Germany: Self-Image & Professional Role.* Johanna Bleker, Hist. Med., Free U Berlin. U 456. Noon-1 p.m.*

DERMATOPHARMACY/DERMATOTOXICOLOGY SEMINAR: *Inducible Cytooxygenase in Mast Cells & Epithelial Cells.* Steve Lazarus, CVRI. U 70. 1-2 p.m.

PSYCHIATRY GRAND ROUNDS: *Intensive Single Case Studies: Implications for Psychotherapists.* Mardi J. Horowitz, Charles Stinson & Constance Milbrath, Psychr. & Cntr. for Study Neuroses. First in a two-part series on research from the Center and the MacArthur Program on Conscious & Unconscious Mental Processes. LPPI Aud. 1-2 p.m.

HEAD & NECK TUMOR CONFERENCE. Melanoma Clin. Conf. Rm., 4th fl., MZ Pavilion. 1:30 p.m.

ONCOLOGY CLINICAL CONFERENCE. M 1296. 4 p.m.

CHILD NEUROLOGY CONFERENCE. M 666. 4:30 p.m.

PATHOLOGY GRAND ROUNDS: *Mechanisms of Disease IV.* Henry Sanchez, Path. HSW 508. 5-6:30 p.m.

UROLOGY JOURNAL CLUB. 618 Dorchester, San Mateo. 6:30 p.m.

IN THE LINE OF FIRE

In the Line of Fire: EMS Personnel & Gun Control Legislation. Ahimsa Sumchai, Med., CPRT & Phys. Prim. Care Med. Group, leads this panel discussion with John Burton, CA State Assembly; Kevin Shelley, SF Board of Supervisors; Flo Stroud, SF Dept. Publ. Hlth. Sponsored by Cntr. Prehosp. Res. & Training. LS 404. 7-9 p.m*.

7 Thursday

ORTHOPAEDIC SURGERY STAFF CONFERENCE. HSW 303. 7-8 a.m.

MEDICINE GRAND ROUNDS: *Primary & Managed Care: Ingredients for Health Care Reform.* Andrew B. Bindman, Med. & Epid. & Biostat., SFGH. Toland Hall. 8-9 a.m.

PEDIATRIC GRAND ROUNDS: *Movement Disorders in Children.* John Menkes, Neuro. & Ped., UCLA. S 664. 8-9 a.m.

SFGH NEUROLOGY/NEUROSURGERY CONFERENCE. Rm. 4H2, SFGH. 8-9 a.m.

HIV UPDATE: WOMEN & HIV

Two-day conference including information on recent epidemiologic trends, the natural history and clinic course of HIV in women. Designed for health care professionals. Co-sponsored by UCSF & SF Dept. Public Hlth. Palace of Fine Arts Theatre. 8 a.m.-5 p.m. Pre-registration is required. Leave a message with name & full address at 554-9630.*

OPHTHALMOLOGY GRAND ROUNDS: *Current Management of Endo-ophthalmitis.* John P. Witcher & Jorge Arroyo, Oph. S 214. 8:30-10 a.m.

OCCUATIONAL & ENVIRONMENTAL MEDICINE GRAND ROUNDS: *DMPS Chelation: What Are the Russians Up To?* Michael Kosnett, Occ. & Env. Med. M 989. 9-10 a.m.

SFGH TRAUMA CENTER CONFERENCE. Rm. 4H2, SFGH. 9-10 a.m.

DEPRESSION SCREENING

LPPI offers free depression screenings as part of National Depression Screening Day. Call 476-7394 for room location & more information. 10 a.m. (See story on page 6.)*

NEUROLOGY/NEURORADIOLOGY CONFERENCE. N 729. 10-11 a.m.

PEDIATRIC TUMOR CONFERENCE. L 34. 11 a.m.-12:15 p.m.

ONGOING SUPPORT GROUPS

MONDAY

FRIENDS OF LOIS AL-ANON MEETING: Closed meeting: for friends & families of alcoholics only. Conf. Rm. B, 3rd fl., MCB. Noon.*

UCSF AIDS HEALTH PROJECT MEDITATION & SELF-HYPNOSIS WORKSHOP: Weekly discussion group for anyone dealing with HIV or AIDS in themselves or others. Gazebo Rm., Davies Med. Cntr. 7-9 p.m. Call 476-3902.*

ALZHEIMER'S SUPPORT GROUP: For caregivers, family & friends of people with Alzheimer's or other dementing illnesses. First Monday of each month. Ground fl. Conf. Rm., Alzheimer's Clin., 1350 7th Ave. 7-9 p.m. Call (800) 942-1333.*

TUESDAY

MULTIPLE HELPERS OUTREACH NETWORK SUPPORT GROUP: For victims & survivors of violent trauma. Ages 15 & over. A 222, LPPI. 10 a.m.-noon. Help-line at 759-7923 provided daily, 7 a.m.-10 p.m.*

OVEREATERS ANONYMOUS MEETING: Regular OA discussion meeting. N 717B. Noon.*

PARKINSON'S DISEASE EDUCATION & SUPPORT GROUP: For people with Parkinson's & their caregivers. Third Tues. of the month (except August). Christ Church, Lutheran, 1090 Quintara (at 20th Ave.). 2-4 p.m. Call 476-9276.*

LUPUS SUPPORT GROUP: Second Tues. of the month. C 127, MZ. 7-9 p.m. Call 773-9356.*

WEDNESDAY

PARNASSUS AL-ANON MEETING: For friends & families of alcoholics. Observers welcome. C 517. Noon-1 p.m.*

LATIN WOMEN COALITION: For Latina faculty, staff & students. Noon-1 p.m. Call Betty Jerez at 476-7117 for meeting places & dates.*

ALCOHOLICS ANONYMOUS MEETING: Closed meeting: alcoholics only. Conf. Rm. B, 3rd fl., MCB. 12:05 p.m.*

MULTIPLE HELPERS OUTREACH NETWORK SUPPORT GROUP: For victims & survivors of violent trauma. Ages 15 & over. Two locations & times: A 222, LPPI, 1-3 p.m., and N 517, 7-10 p.m. Help-line also provided daily, 7 a.m.-10 p.m. at 759-7923.*

DIRECTIONS: A support/education group for newly diagnosed breast cancer patients. 4th fl. lounge, 2356 Sutter, UCSF/Mount Zion. 5-6:15 p.m. Call 885-7529 or 476-5555.*

SUPPORT GROUP FOR WOMEN LIVING WITH LIFE-ALTERING ILLNESS: 6-8 p.m. Call 775-2854 to preregister & for meeting location.*

EATING DISORDERS SUPPORT GROUP: Open to anyone dealing with an eating disorder in themselves or others. First & third Wednesday of each month. M 688. 7-8:30 p.m. Call 332-3425.*

"AT THE HEART OF IT" CARDIAC SUPPORT GROUP: For heart patients experiencing fear, anxiety, confusion & stress. A six-week series. Call Kathleen Congdon at 885-7227.*

SUPPORT GROUP FOR FAMILY/FRIENDS OF THOSE WITH MENTAL ILLNESS: Open to anyone interested in learning more about psychiatric disorders & their treaments. Call Laura Deering-Mayclin at 476-7394 for more information.*

THURSDAY

ALCOHOLICS ANONYMOUS MEETING: Closed meeting: alcoholics only. LPPI A222. 6 p.m.*

FRIDAY

CIRCLE OF SISTERS: Networking forum for black women working & studying at UCSF. L 535. Most Fridays. Call 476-5836.

ALCOHOLICS ANONYMOUS MEETING: Closed meeting: alcoholics only. C 417. 12:10-1 p.m.*

LAKESIDE SENIOR MEDICAL CENTER CAREGIVER SUPPORT GROUP: Meets on the first Friday of each month. $10 per meeting. 2501 Ocean Ave. at Junipero Serra. 2-4 p.m. Call Edith Kaplan at 986-2305.*

VARIABLE

JEWISH WOMEN'S DIALOGUE GROUPS: Call 546-6988 for meeting dates & locations.*

A CALL FOR WEB WEAVERS

The UCSF Center for Knowledge Management hosts the first in a series of monthly meetings of the Western WorldWideWeb Weaver's Waggle discussing distributed information sysgems.2-5 p.m. Call 476-3577 for location and details.*

MEDICINE/SURGERY ADULT CARDIAC CATHETERIZATION CONFERENCE. L 1361. 4-6 p.m.

NEUROSCIENCE SEMINAR. HSW 300. 4 p.m.

PRIMARY CARE GRAND ROUNDS: *Bites, Mites & Parasites.* Richard Odom, Derm. A 455. 4:30 p.m.

NEUROSURGERY GRAND ROUNDS. HSW 302. 5-6:30 p.m.

RADIOLOGY GRAND ROUNDS: *Prostatic Cancer.* Hedvig Hricak, Rad., Uro., Rad. Onc. & Urorad.; Peter Carroll, Uro. HSW 301. 5:15-6:15 p.m.

8 Friday

CRI HEMATOLOGY/ONCOLOGY JOURNAL CLUB. M 1296. 7:30-8:45 a.m.

MOUNT ZION MEDICINE GRAND ROUNDS. Herbst Hall, MZ. 8:30-9:30 a.m.

PHARMACEUTICAL CHEMISTRY 221 SEMINAR. S 1364. 11 a.m.

INSTITUTE OF HEALING ARTS & SCIENCES LECTURE: *Multiple Personality Disorder: Introduction & Overview.* Psychiatrist Robert S. Rosenthal. S 1364. Noon-1 p.m. Call 584-4416.*

SFGH PROGRAM IN CELLULAR & MOLECULAR MEDICINE SEMINAR. Rm. 3208, 2nd fl., Bldg. 30, SFGH. Noon.

CHARITABLE GIVING & YOU

Estate & Charitable Gift Planning in the '90s. Experts from the Office of Planned Giving present this seminar on the implications of the 1993 Tax Act and the benefits of charitable giving. Faculty & retired staff invited to attend. Laurel Heights Conf. Cntr. 1-4 p.m. Call 476-1475 to pre-register.

SHAKESPEARE & MEDICINE OCT. 8-10

The UC Shakespeare Forum and the UCSF History of Health Sciences Dept. co-sponsor this three-day conference exploring medical themes in Shakespeare's work, with a special focus on *Hamlet.* (See story on page 3 for details.)

HELP ELIMINATE SCHEDULING CONFLICTS

In order to help the campus avoid conflicts in scheduling important events, the News & Public Information Services Department has a computerized calendar. It is suggested that faculty, students & staff call 476-1541 when they are planning an event to make sure nothing has been scheduled for that date. Please note that in order to reserve campus conference rooms & auditoriums, it is still necessary to call Millberry Union at 476-2571, Room Reservations at 476-4436, Faculty/Alumni House at 476-4723, Laurel Heights at 476-8100 or the individual school or department.

AIDS/ARC/HIV+ SUPPORT

Anonymous & confidential caring, support & training for people with AIDS, those who have tested HIV positive & others affected by the epidemic. Sponsored by UCSF AIDS Health Project. Call 476-6430.*

If you are a woman who is HIV positive and can't get medical care because of practical needs, call Marisa Davis at the Women's Advocacy Program at 476-0654 for help with child care, transportation, medical care and social services. "Hablamos Español."

Individual Risk Assessment & Referrals. By appointment.

Facilitated 8-week Groups. For anyone affected, at risk or infected.

Drop-in Group for the Recently Tested.

Positives Being Positive. Support groups in the community meet regularly. Call 476-3902.

Living with HIV. Public forums every other month.

CONTINUING EDUCATION

DENTISTRY

For further information call 476-1101.

Periodontal Restorative & Aesthetic Considerations for the Adult Orthodontic Patient. Stockton Hilton. Oct. 1.

Dental Leadership: The Challenge of the 1990s. UCSF. Oct. 9.

Managing the Patient with Complex Periodontal & Prosthetic Problems. UCSF. Oct. 16.

Oral Health Products for Home Use: What Should You Recommend? UCSF. Oct. 23.

Special Symposium: Exploring the Double Helix: Dentistry's New Frontier in DNA Technology. Moscone Cntr., SF. Nov. 5.

Lasers in Dentistry: The Latest in Research & Patient Care. UCSF. Nov. 5.

Recommendations on UCSF expansion sites due by early 1994

The Community Advisory Group (CAG), the group of 38 community members who are advising the University on the Long Range Development Plan, agreed at a recent meeting to a timeline for giving their recommendations on possible UCSF expansion sites. CAG members plan to put together a list of community goals and criteria to be used in making their recommendations. They hope to make a recommendation by the end of the year or in early 1994.

The Faculty Committee for the 21st Century also expects to make a decision on recommended alternatives by the end of the year. A representative from the faculty committee proposed holding joint 21st Century/CAG meetings in order to compare their perspectives and share their ideas.

Under UCSF's Long Range Development Plan process, the faculty committee, CAG, and the University Advisory Group (UAG), which is composed of staff representatives, all must submit recommendations on possible expansion sites to the Chancellor.

Troy Daniels, associate dean for academic affairs in the School of Dentistry and a member of the 21st Century Committee, told CAG members that the decision facing the faculty involves selecting a fundamental philosophy — expand at a single major site, expand at several smaller sites, or a combination of the two.

The faculty committee has identified programs and groups of programs that would make sense to move together, Daniels said. Persuading the various programs to agree to such a move will be more difficult, he said.

Many faculty members express a willingness to move to another site — but only if they receive assurances that other research or clinical programs also will move in order to create the same intellectual atmosphere that exists at Parnassus Heights or our other major sites.

Peninsula workshops

Two workshops to discuss UCSF's long range planning efforts with the Peninsula communities are scheduled:

• Wednesday, September 29, 7 p.m., Municipal Service Building, 33 Arroyo Drive, South San Francisco

• Tuesday, October 5, 7 p.m., Teglia Community Center, 285 Abbot Ave., Daly City.

The workshops are part of a series of neighborhood meetings to inform neighbors about UCSF's growth plans and to solicit ideas about possible expansion sites. These two meetings will focus on Peninsula sites being studied for possible UCSF expansion. For further information, call Community Relations at 476-3206.

National Depression Screening Day

As part of National Depression Screening Day on Thursday, October 7, mental health professionals from Langley Porter Psychiatric Institute will offer employees and local residents the opportunity to learn about the signs and symptoms of depression. The screening will begin at 10 a.m. in LPPI. Participants first will hear a brief talk on the causes, symptoms and treatments of depression followed by a brief video. People then will be asked to complete an anonymous self-inventory of depression symptoms. Results then will be discussed in private with a mental health professional. For further information, including room location, call 476-7394.

Commuting opportunities!

For an easier ride to work, consider joining one of the 31 UCSF vanpools operating all over the Bay Area. Currently there are four vanpools in urgent need of riders:

• Berkeley — pick-ups at the North Berkeley BART station.

• Concord/MCB/CRM/SFGH — pick-ups in Lafayette, Pleasant Hill and Walnut Creek.

• Novato — pick-ups at several Novato and Terra Linda locations.

• San Bruno — pick-ups at two San Bruno locations and one SF location.

For information on fares, arrival and departure times, call 476-1511.

If you live in Marin:

If you live in Marin or the southern Sonoma counties, you may want to consider the Marin Commute Club. UCSF operates seven buses between Santa Rosa and Sausalito and campus. Call 476-1514 for more information.

Fun Zone

Come see your friends' artwork

Actually, there are two art shows on the agenda, both sponsored by Arts & Performances.

The first is the faculty/staff show on Monday, October 4 , and Tuesday, October 5, in the Millberry Conference Center.

About three dozen staff members, from departments all across campus, will be show their work. The viewing hours are 10 a.m. to 6 p.m. There will be a reception for the artists on Monday, October 4, at 4 p.m.

The second event is a children's art show on Wednesday, October 6, from 10 a.m. to 6 p.m. in the Millberry Conference Center. If your child would like to be included, call 476-6761 for an application immediately. There will be an ice cream reception for the children (and their parents) at 4 p.m. that day.

Also note:

• **Singing auditions.** The UCSF Community Chorus under the auspices of the San Francisco Chorale Society will hold auditions during the latter part of September. If you're interested in trying out, call David Thormann at 566-8425. Rehearsals are Tuesday nights in HSW 300. This is San Francisco's largest community chorus. Most recently they performed Beethoven's *Mass in C* at Davies Symphony Hall.

• **Fall fitness classes.** Call 476-1115 for a class schedule. Special rates for UCSF employees — no need to be a MU member. Registration begins Monday, September 27, for students and members; Tuesday, September 28, for employees and the general public.

• **Free class at Millberry.** Capoeira, an African-Brazilian martial art. Monday, September 27, 5:30 to 6:45 p.m. Sign up 15 minutes prior to class at the Millberry Fitness Desk.

• **Windsurfing for beginners.** Weekend of October 9 and 10 at sunny Lake Del Valle. The organizers guarantee you'll be sailing the first day. Call Outdoors Unlimited, 476-2078.

• **Bicycle Napa.** Sunday, October 17. Ascend 1,200 feet through Pickle Canyon on traffic-free Mt. Veeder Road. Wineries along the way, later cruise down the Oakville grade. 32 miles. Sign-ups start Wednesday, October 5. Call Outdoors Unlimited, 476-2078.

• **Holiday crafts faire.** Craftspersons and organizers needed. Call EMPACT!, 476-2675.

Entertainment '94 now available

The Auxiliary's Teru Hirano says the *Entertainment '94* books have arrived. These are the books offering two-for-one and discount deals on meals, hotels, entertainment, events, etc. They come in four regional versions: SF-Peninsula, Marin, Alameda County and Contra Costa County. Mail orders available (through campus mail). The books are $40 each, and part of the proceeds go to the Auxiliary. Pick up in L 176 (call first, 476-4906) or send mail orders to Box 0208. The discounts are valid now through November 1, 1994.

Wellness programs

Health Net offers discounts or total sponsorship for its members to attend a variety of fitness and health-minded classes, some through Millberry or other UCSF programs. See the *Today/Tomorrow* calendar, page 4, for details.

Good marks for UCSF Health Net

The UCSF Medical Group recently was cited by the Health Net main office for conducting an outstanding wellness program — through health and fitness classes and outreach to physicians resulting in referrals to patient education programs. Julie Torgeson coordinates UCSF Health Net's "Aim for Wellness" program.

Women needed for incontinence study

Volunteers are needed for a study to determine whether a new drug can help women who have problems with incontinence, the involuntary loss of urine experienced by millions of Americans. The researchers, headed by urologist Perinchery Narayan, believe that Levsin-SL (hyoscyamine sulfate) may help strengthen muscles that control the release of urine from the bladder. The hope is that the drug will help those people who now mus choose between an operation or just living with incontinence. For more information, call 750-6964.

Service Awards

The awards listed were presented within the last year.

Marcial D. Agunaldo, 10 years, facilities management.
Harriet Bagwell, 25 years, clinical labs.
Barbara Barer, 10 years, epidemiology & biostatistics.
Delores F. Bell, 20 years, patient financial services, Mount Zion.
Gracie Bernacki, 10 years, CVRI.
Denise Bernstein, 10 years, ob/gyn & reproductive services.
James Bettis, 25 years, facilities management.
Nancy M. Biros, 10 years, home care, Mount Zion.
Richard J. Blatchley, 20 years, library.
Ronald Brown, 10 years, CVRI.
Mary A. Burns, 30 years, clinical labs, SFGH.
Philip G. Canevari, 15 years, materiel management.
Mary Beth Caro, 25 years, clinical labs.
Zenaida A. Cayabyab, 10 years, medical record services.
Eunice Chee, 15 years, Institute for Health Policy Studies.
Penny Chee, 10 years, medicine.
Nicole Child, 10 years, dentistry.
Hark S. Chin, 20 years, patient financial services, Mount Zion.
Lance Y. Chou, 25 years, physiology.
Joel O. Cipriano, 15 years, clinical labs, SFGH.
Julie A. Cody, 20 years, clinical labs, SFGH.
Mariangeles Colon, 10 years, Ambulatory Care Center.
Nicefora E. Coloyan, 15 years, clinical labs, SFGH.
Michelle N. Compton, 10 years, clinical neurophysiology laboratories.
Tommie M. Cooper, 15 years, Fresno Medical Education Program.
Yolanda L. Cortez, 10 years, nutrition & dietetics.
Katie A. Couvson, 25 years, budget & financial analysis.
Victoria A. Cox, 10 years, pediatrics.
Darlene Crumedy, 10 years, clinical labs.
Penelope F. Davey, 10 years, radiology.
Delois Dawson, 10 years, facilities management.
Marie Disher, 25 years, nursing.
Patricia M. Douglass, 15 years, General Clinical Research Center.
William S. Dwyer, 15 years, clinical labs, SFGH.
Ronald R. Earl, 15 years, Ambulatory Care Center.
Susan M. Eckmann, 10 years, dentistry.
Paul H. Egly, 15 years, instructional & research support services.
Alfredo M. Eliares, 15 years, central services.
Angel S. Elias, 15 years, clinical labs, SFGH.
Laura R. Fairbanks, 15 years, library.
Diana Farley-Frierson, 25 years, development office.
Laraine Z. Ferguson, 15 years, recovery room, Mount Zion.
Lillian Fifer, 10 years, respiratory care service.
Beverly Fike, 15 years, clinical labs.
Charlene Fong, 15 years, cardiology, Mount Zion.
Anna M. Franco, 15 years, medical record services.
Deborah R. Frase, 10 years, nursing.
Reginald Frazier, 15 years, materiel management.
Paul T. Gee, 20 years, facilities management.
Sonia Gee, 20 years, clinical labs.
Reginald Ginyard, 10 years, clinical labs, SFGH.
Rozalia Girel, 10 years, clinic administration.
Paul D. Gonzalez, 30 years, facilities management.
Erica Gorman, 15 years, medicine.
Florence A. Haedt, 20 years, clinical labs, SFGH.
Douglas C. Hahn, 10 years, facilities management.
Sharon W. Hampton, 10 years, CPO.
Phyllis Hill, 15 years, medical staff affairs.
Robert S. Hinz, 10 years, pharmacy.
Jane E. Hirsch, 20 years, nursing administration.
Kathy Hom, 15 years, accounting office.
Susan Hopkins, 20 years, ophthalmology.
Carlos F. Jackson, 10 years, Graduate Division.
Ollie J. Jackson, 20 years, emergency room, Mount Zion.
Eden V. Jaravata, 20 years, medicine.
Claudette V. Johnson, 20 years, Chancellor's Office.
Paula D. Johnson, 20 years, medicine.
Azar Khatibi, 20 years, library.
Dorothy Ladd, 10 years, CVRI.
Winifred Lambert, 20 years, nutrition & dietetics.
Nathan Lee, 15 years, clinical labs.
Francine Levin, 10 years, laboratory medicine.
Victor Lim, 15 years, surgery.
Rosalia F. Maddumba, 10 years, clinical labs, SFGH.
Ramon C. Magcauas, 20 years, clinical labs, SFGH.
JoAnn M. Maher, 20 years, medicine.
Ronna Mallios, 10 years, Fresno Medical Education Program.
Elizabeth A. Maloney, 10 years, Medical Center Administration.
Lucy Marton, 20 years, Institute for Health Policy Studies.
Mary McCullow, 10 years, Mount Zion.
Mary L. McKenney, 15 years, radiobiology.
Merilyn Mitchell, 25 years, clinical labs.
Olivia Moore, 10 years, epidemiology & biostatistics.
Yolanda C. Mora, 20 years, ob/gyn & reproductive sciences.
Theresa A. Moran, 10 years, medicine, SFGH.
Kathleen A. Mulherin, 10 years, biochemistry & biophysics.
Solomon Mulugata, 10 years, transportation services.
Jeannie Murakawa, 15 years, medicine.
Marylou Muwaswes, 10 years, nursing.
John Negherbon, 25 years, materiel services.
Trudi Neiverth, 15 years, pharmacy.
Margaret Ong, 25 years, ophthalmology.
Ramon H. Ordoveza, 10 years, ITS-reprographics.
Buenaventura V. Ortega, 10 years, facilities management.
Marie T. O'Sullivan, 10 years, Dean's Office, School of Pharmacy.
Ronald M. Ottley, 15 years, facilities management.
Ronald A. Overman, 25 years, materiel management.
Elsa T. Pablo, 30 years, medical record services.
Lillian Penn, 10 years, hospital pathology.
Maryann R. Penta, 15 years, anesthesia, SFGH.
Kathleen R. Peterson, 15 years, General Clinical Research Center.
Judith D. Piccini, 10 years, biochemistry & biophysics.
Tammy L. Powell, 10 years, Marilyn Reed Lucia Child Care Study Center.
Walter Pruitt, Jr., 20 years, medical record services.
Jill M. Quinn, 10 years, pediatrics.
Stephen K. Quinn, 10 years, Institute for Health Policy Studies.
Bobby J. Ransom, 15 years, medical group business services.
Mara Ribbin, 15 years, nursing.
Mary D. Rosenfeld, 10 years, pediatrics.
Roger Roxas, 20 years, accounting.
Yolanda D. Ruffin, 15 years, medicine.
Bella C. Ruivivar, 15 years, pharmacology.
Rebecca A. Searles, 20 years, medicine.
Robert Sileo, 10 years, Ambulatory Care Center.
Carol A. Simmons-Melancon, 20 years, registrar & admissions office.
Alma Sisco-Smith, 15 years, student academic services.
Clarita M. Soriano, 20 years, clinical labs, SFGH.
Susan C. Stevens, 10 years, pediatrics.
Shing Wah Tam, 15 years, patient financial services, Mount Zion.
Kitty Y. Tang, 10 years, anatomy.
Paul Tevlin, 10 years, biomedical equipment.
Elizabeth J. Terra, 10 years, executive registry.
Raymond A. Tom, 10 years, urology.
Carol Tomas, 10 years, clinical labs.
Diana O. Torres, 10 years, nutrition & dietetics.
Thomas E. Trimble, 10 years, nursing.
James B. Tyrell, 15 years, Metabolic Research Unit.
Benjamin Usog, 20 years, neurological surgery.
Renato R. Vargas, 20 years, accounts receivable.
Alice Vierra, 25 years, Ambulatory Care Center.
Adelina Villaneuva, 15 years, EKG.
Cheryl M. Washington, 10 years, EKG.
Mattie Wells, 15 years, hospital admissions.
Suan Wells, 10 years, accounts receivable.
Karla M. West, 10 years, family & community medicine.
Ronald Williams, 20 years, ITS.
Zoa Williams, 20 years, hospital admissions.
Karen Wilson, 10 years, accounts receivable.
Victoria Wong, 25 years, Ambulatory Care Center.
Elaine S. Yam, 10 years, mental health, community & administrative nursing.
Yin Lang Yee, 25 years, EKG.
Brenda K. Young, 10 years, radiation oncology.
Cynthia L. Youngless, 10 years, surgery.
King T. Yu, 15 years, nutrition & dietetics.
Mary J. Zamboukos, 10 years, nursing.
Pamela A. Zilavy, 10 years, campus planning.

Medsounds Continued

Yep, he's a normal baby all right: Little Benjamin with his parents, Todd and Jill Crosland of Salt Lake City

Benjamin Crosland: Fetal treatment success story

Looking at 7-month-old Benjamin Crosland, you would never know he nearly died before he was even born. But last December, when his mother Jill was 20 weeks pregnant, routine ultrasound revealed a huge fetal lung tumor shoving the heart aside and stunting growth of lung tissue.

"At first there was really no hope," says Benjamin's father Todd. "As you can imagine, we were devastated." But the young Salt Lake City couple soon learned about UCSF's fetal treatment team, who had pioneered surgery to remove this type of non-malignant growth—called congenital cystic adenomatoid malformation (CCAM)—from the lungs of fetuses. Despite the risks of surgery, Todd says, "We knew we'd do anything we could to give this little boy a chance."

Because CCAMs sometimes shrink, Jill's doctor and the UCSF team waited and watched for a few weeks. But when the mass grew even larger and fluid began to accumulate in the tiny chest, they acted fast. UCSF researchers had previously shown that the fluid ("hydrops") signaled heart failure and certain death.

On December 30, surgeon Scott Adzick and his colleagues partially removed the fetus from his mother's womb, cut the tumor out of his body, and then returned him to the uterus. "The mass had filled the entire chest," Adzick says, "but once it was out, the remaining lung tissue grew like gangbusters."

Although he was born prematurely and initially needed a respirator's help to breathe, Benjamin soon began to thrive and went home to join his brother and two sisters. He recently returned to UCSF for a checkup and is doing fine. "In our minds," his father says, "it's a miracle that he's here."

So far the fetal treatment group has operated on eight fetuses with CCAMs that would have killed them before birth. Benjamin is the fifth to survive. "It's extremely gratifying for our whole team to see kids who have benefited from this," Adzick says, "and we know we'll probably see many more."

Little José as he rides away in style

This child deserves a trip to Disneyland

When the white limousine pulled up into Moffitt Circle, little José Zepeda's eyes nearly popped out of his head. It was coming for *him* and the other members of the Zepeda family. It was taking them to the airport, where they would get on a plane and fly to Disneyland, just like he had wished.

And if anyone deserves to have a wish come true, it's José. He was born with kidney failure, according to his doctor, Donald Potter. Five year ago, at age three, he had a transplant, but there were problems with rejection, and eventually the transplant failed. He's on the list for another kidney, but his high antibody level makes it difficult to find a match.

Meanwhile, he's on dialysis. They tried home dialysis without success, so for the past two years his mother has brought him from Hayward three times a week, two hours each time, for treatment at UCSF.

It struck social worker Wendy Pieseski that José, who also is deaf, would make an excellent candidate for the Make-a-Wish Foundation, which grants wishes to children with severe health problems. When asked what he would like, he said his first choice would be a trip to Disneyland. His second would be a shopping spree at Toys R Us. He not only got the Disneyland trip, he got to take his whole family.

New social work head at Mount Zion

Social Work director Sylvia Barroso sends word that Barbara Buckley is the new supervising clinical social worker for Mount Zion. She is from Stanford, where she was director of the social work department for the past year. Prior to that, she was manager of the clinical social work department at Massachusetts General Hospital for 27 years.

Barroso extends her thanks to Clay Van Batenburg, who, she notes, did an exemplary job as acting site manager of the department at Mount Zion over the past eight months.

African-Americans needed for study

The faculty ob/gyn practice at Mount Zion is looking for postmenopausal African-American women to participate in a bone loss study. The reason for the study is that it has been presumed that women of color are at lower overall risk for fractures due to osteoporosis, although studies have shown that when fractures occur in this group, the long term consequences are much greater. The study will assess the benefit of a drug called alendronate. Participants will receive physical exams, blood and urine tests and bone density tests every three months. If you or someone you know might be eligible for this study, call Janis Luft at 441-1597.

Lauderdale *(from page 8)*

cooks on the staff, and we were able to come up with a more authentic version."

Lauderdale says his goal is that "one of these days the food here will be at a level that a food critic — someone the calibre of *Chronicle* critic Patricia Unterman — will walk in here and rave about the food."

And she won't even know that what she just ate won't contribute to the demise of her arteries.

Community meeting

Mount Zion will hold its monthly community meeting to discuss issues of concern on Tuesday, September 28, at 7 p.m. in Herbst Hall.

Jason Talavera (right) finally meets Dr. Wilson

Mission accomplished

You may have noticed the piece in a previous issue of *Medsounds* about Jason Talavera and his two cousins, three high school students who volunteered at the Medical Center this summer, and who have their sights set on becoming doctors.

Jason, who wants to be a neurosurgeon, had high hopes of meeting Charles Wilson during his summer assignment, but as the summer drew to a close, they had not yet met.

The accommodating Dr. Wilson read the piece and immediately tracked down Jason to invite him to his office. As you can see above, the meeting took place, and according to Jason, Wilson spent about an hour answering questions and giving him advice.

"One thing he said was to stay involved," says Jason. "Get good grades, but don't limit yourself to your studies. You need to have outside interests to keep well-rounded."

He also offered his opinion on good choices for college: UC Berkeley, Stanford, Harvard and Johns Hopkins.

Finally, Wilson extended an invitation to Jason to observe an upcoming surgery, which Jason readily accepted.

Kerr *(from page 8)*

do not compromise the quality of health care • Supporting the essential roles of medical and other health care education and of biomedical, behavioral and health services research.

A second report, "Academic Medicine: The Cornerstone of the American Health Care System," outlines how the related functions of academic medicine — education, patient care and research — produce each new generation of physicians, further medical knowledge and care for patients who often have special needs. The report examines the increasing constraints being placed upon these activities, and, considering new variables and constraints placed by reform, emphasizes the need for resources to support the functions of academic medicine.

The other reports examine medical education and medical research, respectively, explaining their roles and traditional sources for funding, and outlining future programs and funding requirements — if American health care needs, as dictated by reform, are to be met.

Among the suggestions in the medical education report is to establish a National Physician Resources Commission that would assure that financial support for graduate medical education is used to promote and improve the nation's health; and the formation of "medical education consortia" consisting of medical schools, teaching hospitals and other organizations for support, continuity of medical education and coordination of workforces and activities.

Next issue: Impact of Clinton's proposal on the Medical Center.

Back by demand: Pain seminar

"Perspectives on Pain," a seminar offered last spring by the Medical Center's Pain Management Task Force and Nursing Education, will be offered again on Monday, October 25, at the Laurel Heights Conference Center from 8 a.m. to 4:30 p.m. The facilitators will present a comprehensive approach to assessing and managing pain in both adult and pediatric patient populations. Call Nursing Education, 476-2993, for more information. Sign up in Nursing Administration, L 171. Seven CEUs available.

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UCSF
Medsounds

Page 1 ... Volunteers needed for new asthma research center
Page 1 ... Hillary Clinton at Laurel Heights Oct. 5 (via satellite)
Page 3 ... New study on handling infant fever

Medsounds is a section of *Newsbreak* for and about employees of the Medical Center, including Moffitt-Long, the ACC, Mount Zion and Medical Center employees at Mission Center and Laurel Heights.

Health care reform

UCSF takes front seat on academic medicine issue

It may be little known to some campus members that Medical Center Director Bill Kerr has been playing a major role in the shaping of the national health care reform package.

He is chair of the Council of Teaching Hospitals of the Association of American Medical Colleges (AAMC), and, in addition, for the past year-and-a-half he has chaired the AAMC's "Advisory Panel on Strategic Positioning for Health Care Reform."

In June, the panel, which is made up of representatives of medical schools and teaching hospitals from around the nation, submitted their recommendations to Clinton's task force on health care reform.

The sense is that the recommendations, which serve to preserve the activities of academic medicine in the interest of preserving the future of health care in America, were well received, says Kerr. The recommendations "were not radically different from what ultimately appeared in the Clinton proposal," although much remains to be seen in terms of what the final package will dictate. He acknowledges the helpful role of UCSF's Phil Lee, current assistant secretary of Health and Human Services, noting both his assistance and responsiveness.

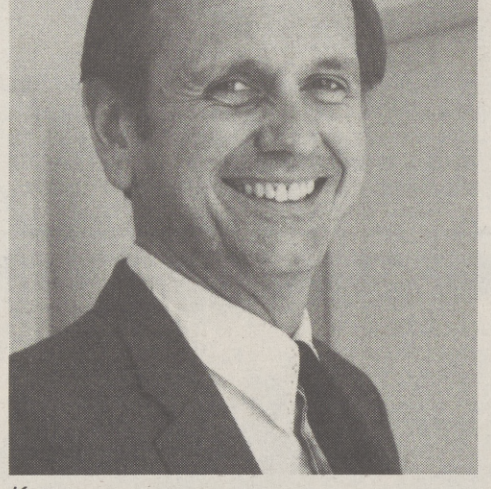
Clinton's proposal is a "starting point," says Kerr. "Over the next year or year-and-a-half I suspect the proposal will be debated and reshaped until it will represent the convergence of three or four plans."

The work of the AAMC panel was undertaken apart from the anticipation of any single plan, according to Kerr. "It was felt that there were certain key principles that needed to be included in any plan, and it was important that academic medicine reach a consensus on these principles." He feels satisfied that the final result of the panel's work represents that consensus. From countless hours of discussion by a wide cross section of academic medicine representatives, four position papers resulted, which are published in the September issue of *Academic Medicine*.

The first, entitled "Goals and Principles for Health Care Reform," states the AAMC's general position on reform. It elaborates on five points the panel recommends that any system must strive to achieve:

- Giving all Americans the chance for a healthy life
- Providing universal access to health care
- Recognizing that once health care excellence is achieved, the necessary resources must be provided to maintain quality and capacity
- Instituting cost containment measures that

(continued on page 7)



Kerr

Disaster drill and pre-drill program in October

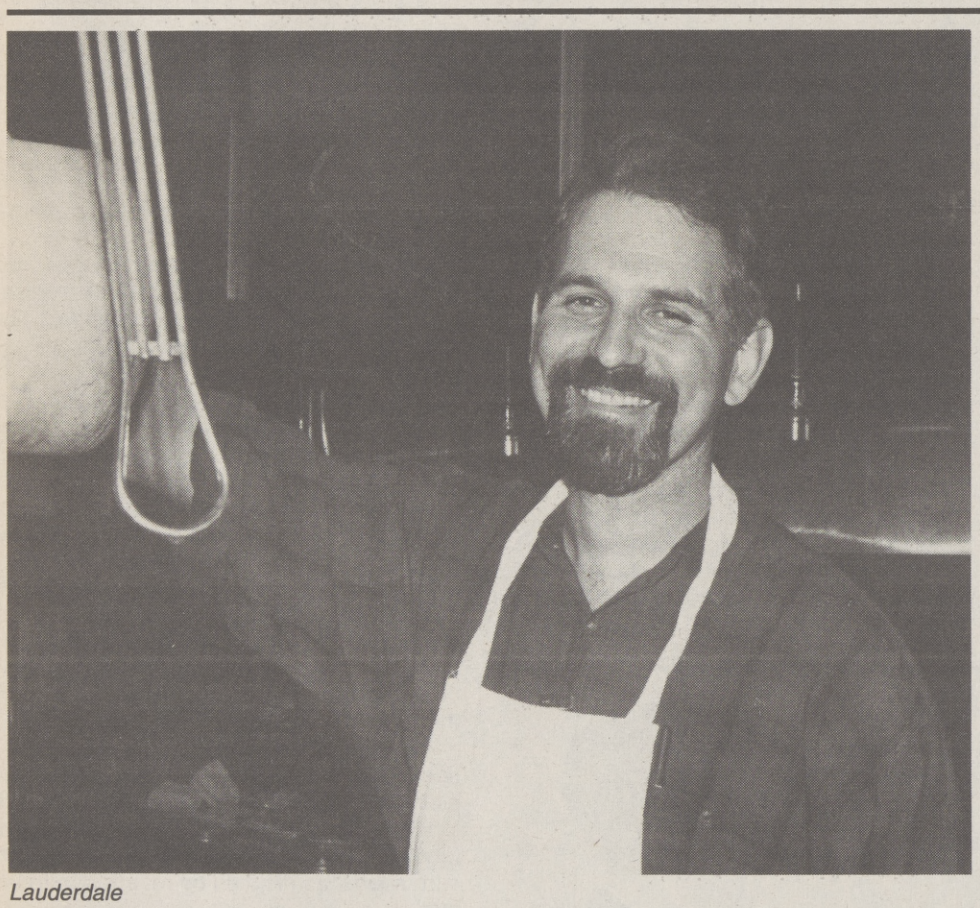
The next disaster drill is scheduled for Thursday, October 14.

An all-important pre-drill educational program for Medical Center directors and department managers is scheduled for Wednesday, October 6, from 9 to 11 a.m. in HSW 303.

The program will include the screening of a disaster preparedness videotape of particular significance: It was made in response to the Loma Prieta earthquake's affect on hospitals in the area.

A panel consisting of Administration's Bruce Schroffel and Tim Wemple, Nutrition & Dietetics Leon King, Building Management's Dick Chan and the Police Department's John Fox will discuss the challenges the Medical Center would face in the event of a major earthquake or other disaster. They will answer questions from the audience, and questions submitted in advance are welcomed. Send questions to Roseanne Rappazini, Box 0296.

According to Medical Center disaster committee co-chair Kathy Lenihan, participation in the pre-drill educational programs has contributed greatly to the success of the drills.



Lauderdale

Chile Cookoff champ at work in the cafeteria

The fact that Nutrition & Dietetics' Chris Lauderdale won the recent Chili Cookoff at UCSF speaks well of his qualifications for his particular job. As "recipe development coordinator" for the department, he has taken it upon himself not only to develop new dishes, but to comb through the more than 900 recipes already in use for patients and cafeteria customers. His mission is to make them better — better tasting, lower in fat and lower in sodium wherever possible.

Some of the changes or additions are obvious: new low or non-fat desserts, such as the non-fat apricot oat bars recently introduced. Or a daily offering of low-fat turkey chile verde instead of the traditional high-fat recipe. (No, it's not the recipe that won the cook-off.)

Other changes are not so obvious — such as low fat cream cheese at the bagel bar, or modified sauces and gravies. Lauderdale eliminates fat and salt by substituting good quality broths, adjusting seasonings and "modifying starches," a technique of creating consistency with starches instead of cream or butter.

Currently he's working on "fixing the soups" for flavor and nutrition and developing a line of low-fat muffins. Based on departmental tastings and feedback from customers, he says most people are unaware of a reduction in fat, and in most cases actually prefer the taste of the new recipes.

Lauderdale says he never dreamed he'd find his creative niche in a hospital. Ten years ago he was selling pharmaceuticals and medical equipment with a degree in business as his credential. But his hobby was cooking. He and his wife belonged to a cooking club that would get together and render "entire sections of *Bon Appetit* magazine."

His interest in cooking was enough that he decided to go into catering, a brief experience that made him realize he didn't really know how to cook — at least not for a crowd.

Thus, he enrolled at the California Culinary Academy for formal training. Following graduation, he worked as a chef at a variety of places — a vegetarian restaurant in Marin, a private home, the Ritz-Carlton and most recently as *gardemanger sous chef* at the Sheraton Palace.

Throughout, his underlying interest was in creating dishes that tasted good but also were good for you — not necessarily the bill of fare at the places he worked. He says that even when he sold medical supplies, he was struck by the role that poor nutrition played in the necessity of the supplies he was selling.

Thus, the opportunity at UCSF turned out to be a good one for him. The call for this work is department-driven, he says, but there definitely are faculty members who are very interested in seeing this kind of menu upgrade.

Lauderdale is aided by a computer program which calculates the nutritional values of a recipe serving. The user simply enters the recipe and number of servings, and the computer kicks back the information. (The same program offers a shopping list when one enters a recipe and the number of servings needed.)

Lauderdale says that not in every case is he working on fat and sodium reduction. Sometimes it's just taste. For instance, for ethnic dishes, he has been able to make some major improvements in the taste by relying on the expertise of the culturally diverse staff in Nutrition & Dietetics. "A good example is *pancit*, a long-time offering in the cafeteria. I consulted with some of the Filipino

(continued on page 7)

Mount Zion in her blood

Her mother, Elise Haas, was the first woman president of the Mount Zion Board of Trustees from 1938-40, and she was the second, from 1975-78.

When Rhoda Goldman retired from the Board last month, she had served 35 years, making her the longest-serving member in the history of the hospital.

Her contributions have been many, not only as a board member — her role on the joint planning and program committee was instrumental at the time of the UCSF integration — but as a donor. She and her husband have made many a contribution to Mount Zion programs, not the least of which was their establishment of a fund to support employee recognition programs (which funds the popular Rose Award program).

Right, Chancellor Martin officiates on the occasion of Goldman's retirement.

A good buy on medical equipment?

Bruce Schroffel's office reports that the Medical Center has contracted with a service that can help you evaluate products before you purchase them.

The company, MD Buyline, evaluates products and vendors in regard to specific needs, and offers pricing analysis, service contract information and other information.

The way it works is that individuals submit product information to MD Buyline, and the company delivers the evaluation via a computer network. Three offices are equipped with the software: Clifton Louie's on Parnassus, Tim Wemple's at Mount Zion and Warren Doo's in Biomedical Engineering.

Take note: A workshop, conducted by MD Buyline, will be offered on two dates to help you understand how products are evaluated and how to use the service:

- Wednesday, September 29, 10 a.m.
- Tuesday, October 12, 2 p.m.

For reservations and location, call Joyce August at 476-6312.